



Pat T. Nixon, RN BSN, MBA, CALM, CDP

Pat T. Nixon is the visionary, founder and Executive Director of We Are One Heart Foundation, Inc a 501(c)3 nonprofit organization serving seniors and veterans throughout Denton and Collin counties. She is the proud mother of two amazing teenagers and a profound servant leader.

Pat earned an Associate Degree in Nursing from South Suburban College, and a Bachelor's Degree in Nursing from Indiana Wesleyan University. To support her natural entrepreneurial spirit and sales talent, Pat completed her Master's Degree in Business Administration at Olivet Nazarene University. Preparing her for her journey as a Nursepreneur. In addition to We Are One Heart Foundation, Pat is the owner of iNurse Delegate offering RN delegation, clinical training and clinical consulting services to caregivers in Assisted Living Communities.

As a Registered Nurse, she holds a clinical background in management of geriatric patients in both acute care, home health and hospice settings. After a successful career in Medical Spa sales and marketing, Pat found her passion at the bedside through therapeutic touch and intentional presence. She successfully owned and operated Beauty Trend Mobile Spa offering spa services in the home setting for seniors who were unable to visit a brick and mortar location.

Pat believes in education and mastery. Throughout her career she has achieved various certifications and awards in order to add value to the senior community. She holds designation as a Residential Assisted Living Specialist with Memory Care certification, she's a Certified Dementia Practitioner and Certified Assisted Living Manager. She is a proud member of the

Texas Nurses Association (TNA), Texas Organization of Residential Care Homes (TORCH), and a mentee of the Small Business Association's SCORE program.

After assuming care for her father in 2016, Pat quickly noticed the disparity in available resources for family members caring for their elderly loved ones who were no longer able to care for themselves. Without preparation and limited cash, Pat found herself juggling her role as a single mother, Registered Nurse, student and now caregiver to her father. God welcomed Pat's father, Hueguster "Soul Shaker" James into his arms in the early morning of November 25th 2016. Although Pat was grateful for the time spent with her father, her heart felt deep regret for the amount of time spent researching and attempting to untangle the details of her father's needs. She wished that time could have been spent loving him more.

In 2017 on Thanksgiving Day, Pat found herself in a place of depression and made a bold decision to change her story by making the anniversary of her father's passing a time of celebration instead of grief. We Are One Heart Foundation, Inc was founded on November 26, 2017 in memory of Hueguster "Soul Shaker" James and has since served the elderly community through numerous programs. Through the Compassion & Companionship Program, volunteers have touched the lives of seniors in nursing homes experiencing isolation and depression. During the 2020 pandemic, over 1000 gift items have been distributed to seniors in nursing homes. Volunteers throughout the metroplex come together on Christmas morning every year to distribute gifts to low income seniors especially those in nursing homes or community living settings. In 2019, over 1500 gifts were distributed.

Windsor House is the newest program under We Are One Heart Foundation. Finally, through the support and generosity of our community, a living space is available for seniors who are no longer safe at home but are unable to afford the exponential costs of traditional assisted living communities. Windsor House will offer a final home with care that is full of love and compassion.

Pat's passion lies in her nurture. Through the various programs of We Are One Heart Foundation, Pat aspires to be a catalyst for community support of the elderly especially veterans and those diagnosed with Alzheimer's disease. She defines her presence in the senior community as a privilege from Christ.

"How Blessed I am to be entrusted with such a noble and rewarding place in the lives of others."